

The E Course

Content:

- Systems of play
- Laws and restarts
- Games and exercises for practices
- Tactical ideas, including the tactics of 2 versus 1 situations
- Goalkeeping
- This course combines soccer theory and practice
- Each participant will have the opportunity to lead a short coaching session, with constructive feedback from the instructor
- Designed primarily for experienced coaches of U10, U12, and U14 teams

Prerequisites:

- Successful completion of the F course
- No waiting period between the F and E course
- Must be at least 16 years of age

Materials to bring to the course:

- Soccer Ball
- Water
- Appropriate clothing (dressed to participate)
- Paper and writing utensil
- Lunch (if all day course)

Given out at the course:

- Mass Youth Soccer E Manual (CD)
- Coaching Soccer (Bert van Lingen)
- Coaching Program shirt

Course Minimum Number of Participants: 16 Coaches

Duration: 16 hours

Cost: \$85/person